



Triple P,[®] POSITIVE PARENTING PROGRAM



Please contact us for more information:
Intake@child-haven.org or (707)425-5744 ext 106

WHAT IS TRIPLE P?

The Triple P - Positive Parenting Program is a comprehensive evidence-based program originated in Australia and taught in more than 20 countries. The program is for parents and caregivers and is designed to strengthen families by promoting positive relationships. Triple P offers simple, practical strategies for preventing and managing challenging behaviors. The model is culturally appropriate and can easily be adapted by parents to suit their own values, beliefs and needs regardless of the family's culture, or situation.

HOW DOES TRIPLE P WORK?

Triple P interventions include a combination of light-touch or brief interactions and more intensive parenting education and can be delivered one-on-one or in a group setting. Accredited staff at Child Haven provide both.

Level 3 - Primary Care is a brief targeted intervention in a one-on-one format to assist parents in developing effective plans to manage a child's behavior issues (such as fighting or tantrums) and skill development concerns (such as toilet training or staying in bed at night). Three to four sessions, typically 15-30 minutes in length are provided in person, over the phone or in some combination of both.

Level 4 - Standard Triple P provides parents with broadly focused support and interventions on a one-on-one basis. Over the course of 10 sessions, parents learn about causes of child behaviors, setting goals, and using strategies to promote child development, manage challenging behaviors and plan for high-risk situations. The program focuses on promoting parental autonomy throughout the intervention process. A minimum of three sessions are delivered in the home.



(707) 425-5744 801 Empire Street, Fairfield, CA 94533 www.child-haven.org